

# Bike tour to the most beautiful places in Slovenia

From Friday, **25 September 2020** to Tuesday, **29 September 2020** 



### Overview of the 5 tours



Dear Cycling Enthusiasts,

The Mediterranean tri-border area will be the destination for our "Bike & Wine Tour" this year. From 25 to 29 September, we will explore the most beautiful regions of Slovenia. The route planned for this year will offer again beautiful sights, panoramic views and culinary delights while challenging your fitness.

Starting from the tri-border area in Tarviso, we will climb up an easy mountain pass on the first day to reach the peak of our tour, Mangart Mountain, before we move into our lodgings near Cividale del Friuli, which will be our accommodation for the next two tour days. We will then continue on to places that are steeped in history. We will work our way up Mount Matajur, scene of the fateful Battles of Isonzo during World War I – a tour that guarantees magnificent natural sights and an epic downhill trail. On the third day, we will start out on our queen stage. Following a varied trail down from Mount Korada, we will enjoy the famous wine region of Collio, with is gently sloping hills. On day 4, we will explore Istria, partly cycling along a former railway line. We will then spend the last night of our journey at our hotel in Portoroz (Port of Roses), Slovenia.



Hermann Schalk



Andrej Jerman

On the final stage of our amazing tour, we will cycle across the Nanos Karst plateau, which offers breathtaking views of the country and the coast, and where we can look back at the past cycling days.

As we will continually be crossing the borders between Italy, Slovenia and Croatia, passing unlit tunnels and cycling on trails, please remember to bring your ID cards, a set of bike lights as well as appropriate equipment.

The tour we planned also comprises shorter alternative routes for the less ambitious cyclists. Having fun is what matters most – just as well as the good cause. The proceeds of the "Bike & Wine Tour" will be donated again to our projects.

We look forward to exciting and eventful cycling days!

The Bike & Wine Team

Our stages in brief



## From Travisio to Mangart mountain

On the first day, we will climb to the highest point of our tour at 2055 meters. While the route with its many tunnels is quite easy in terms of bike riding skills, the favorites competing in the mountains classification have a clear advantage. In good weather, we will have great views of Mangart mountain (2,677 m) and of the national park with Slovenia's highest mountain, Triglav (2,864 m).

Meeting point:	09:30 Villach Central Station
Departure:	approx. 10:30 from Tarvisio
Distance:	60 km
Elevation gain:	1,600 m
Accommodation:	Albergo al Vescovo   alvescovo.com





## Up the Matajur mountain

Today is the turn of the riders with good technical skills. The Matajur (1,642 m) is an amazing, unforgettable must ride for every mountain biker. The ascent to the legendary Matajur mountain is quite pleasant and will only make us get off our bikes as we are getting nearer to the summit. While descending the 10-kilometer trail, depending on the individual riding skills, we may have to walk our bikes for a few meters now and then, and have the opportunity to hone our riding technique.

Departure:	approx. 08:00 in front of the hotel
Distance:	55 km
Elevation gain:	1,600 m
Accommodation:	Albergo al Vescovo   alvescovo.com





Sunday, 27 September

## Passing the famous Collio wine region and Goriska Brda

For our queen stage of 115 km, we need to have good endurance. It takes us to the Korada mountain (811 m), where we have a great view of the vineyards. A wonderful single trail running in parallel to the road leads down again towards Collio, where we will reach Gorizia around noon. We will then move on to Cantina Jermann, where we will have the chance to taste Sylvio Jermann's fabulous Chardonnay. Finally, we will stop for a nice Italian coffee in Cividale del Friuli before we ride the last kilometers back to our hotel.

Departure:	approx. 08:00 in front of the hotel
Distance:	113 km
Elevation gain:	1,600 m
Accommodation:	Albergo al Vescovo   alvescovo.com





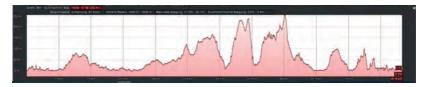
Monday, 28 September

## **The Slovene Riviera**

On a wide tour through the backcountry, which offers many beautiful views of the sea, we will partly ride along a former railway track (La Parenzana). In Buje, we will stop at restaurant La Parenzana for refreshments. On beautiful tracks with exciting short trails, we will return to the coast to reach the town of Izola and the car-free city of Piran. Piran with its Venetian architecture is considered one of the most beautiful places in Slovenia. We will then return to Portoroz, which is just a stone's throw away.

Departure:	approx. 08:00 in front of the hotel
Distance:	95 km
Elevation gain:	1,300 m
Accommodation:	Albergo al Vescovo   alvescovo.com





Tuesday, 29 September

## **Crossing the Nanos**

Our final stage takes us up to the Nanos karst limestone plateau. From the summit, we have a stunning view of the Vipala valley, the Karst region, the Adria to the one side and the Ljubljana Basin to the other side, as well as of the Julian Alps with their highest mountain, Triglav. On the trails back into the valley, we have again the opportunity to demonstrate our riding skills, which we improved in the course of our tour, before we conclude our beautiful and varied bike journey.

Departure:	approx. 08:00 in front of the hotel
Distance:	48 km
Elevation gain:	1,600 m
Return journey:	After the tour





General conditions

#### What you need

- E-bike (tires with good grip, 2 batteries) or mountain bike for especially trained riders
- · Helmet
- · Rain gear
- · Bike lights
- · Be cheerful and enjoy wine

#### Costs

- · Hotel and catering are to be paid by the participants
- Accommodation costs of 60.00 to 70.00 Euro per participant per night per single room
- General cost sharing per participant of approx.
  30.00 Euro
- Advance payment at registration: 200.00 Euro per participant (will not be refunded if you do not participate)

#### **General information**

- Tour arrival and departure have to be organized individually (usually, groups can be organized)
- The routes are adapted to the group's form on the day.



Impressions from previous tours



#### The good cause

For many years now, the association Sport für einen guten Zweck e.V. ("Sports for a good cause") has support charity organizations and foundations. Children and their needs are dear to our hearts. Hermann Schalk, chairman of the association: "We gladly support projects helping ill and disadvantaged children to give them a future. This is where we would like to make a contribution." In recent years, we have been able to support the following aid projects:

- Kinderhof Valentin
- Give hope
- · Appen musiziert
- Marianne & Reinhard Wolf Stiftung
- Vortour der Hoffnung
- Verein KINDERHILFE Hilfe für krebsund schwerkranke Kinder e.V.

www.sport-fuer-einen-guten-zweck.de





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#### Hermann Schalk

Chairman of the association "Sport für einen guten Zweck" (sports for a good cause)/

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Organization and registration	Verein Sport für einen guten Zweck Phone: +49 170 8118596 E-mail: office@sport-fuer-einen-guten-zweck.de www.sport-fuer-einen-guten-zweck.de
	"Bike and Wine 2020" – Registration including transfer of the accommodation costs
Bank details:	Sparkasse Oberland, IBAN DE28 7035 1030 0009 1054 20

# Impressions of our Tour 2019

